

Festive 4K 27th December 2007

Position	Number	Name	Category	Club	Time						
1	224	Ewan Malloch	M	Team Bath AC	11.20						
2	209	Russell Parrington	M	L&M AC	11.53						
3	208	Kieran Rowlands	M	L&M AC	12.00						
4	206	Richard Howarth	M	Wigan Phoenix	12.46						
5	220	Haydn Davies	MV40	Howgill Harriers	12.47						
6	201	Jack Modley	M	L&M AC	12.48						
7	207	Joe Cox	M	L&M AC	12.53						
8	219	Dick Gorst	MV40	Kendal	12.55						
9	241	Chris Breakell	MV40	L&M AC	12.59						
10	168	Hannah Bateson	F	L&M AC	13.11						
11	225	Annika Jarman	F	L&M AC	13.12						
12	195	Steve McLean	MV45	Southport and Waterloo	13.28						
13	242	Simon Worsley	MV40	Highland Hill Harriers	13.35						
14	211	Peter Sandford	MV50	L&M AC	13.51						
15	266	John Golding	M	Shepsean RC	13.53						
16	255	Mark Everard	M	L&M AC	14.01						
17	197	Andrew Harrison	M	Preston Harriers	14.04						
18	214	Callum Mason	M	L&M AC	14.06						
19	218	Ian Bailey	MV45	Norfolk Gazelles	14.12						
20	234	Tim Grayston	M		14.17						
21	259	Jack Lennon	M		14.24						
22	192	Peter Acland	MV45	Kendal	14.26						
23	260	Jo Perry	F	L&M AC	14.30						
24	157	Paul Hodgson	M	L&M AC	14.40						
25	237	Alison Bennett	FV45	Ilkley Harriers	14.42						
26	185	Charlotte Rickards	F	L&M AC	14.54						
27	153	Nichola Jackson	FV40	Preston Harriers	14.55						
28	267	Graeme Bainbridge	M		14.58						
29	159	Sarah Hodgson	F	L&M AC	15.00						
30	282	Paul Manklon	MV45		15.00						
31	256	Kev Voyle	M	Galgate FC	15.01						
32	152	Steven Jackson	MV45	Preston Harriers	15.04						
33	269	Jack Ireland	M		15.12						
34	251	Paul Tynan	MV45	L&M AC	15.16						
35	268	I Mercer	MV40	L&M AC	15.28						
36	222	Beau Smith	M	L&M AC	15.37						
37	281	Dave Worthington	MV50	L&M AC	15.39						
38	230	David Moscrop	MV45	Garden City Runners	15.44						
39	248	Tom Taylor	M	Kendal	15.46						
40	155	Graham Hodgson	MV45	L&M AC	15.50						
41	191	John Hulse	MV40	L&M AC	15.56						
42	200	Paul Hargreaves	MV45		15.58						
43	194	Charlie Exton	MV40	Herrford and County	16.07						
44	212	Richard Oakley	MV50		16.11						
45	275	Lizzie Wignall	F	L&M AC	16.15						
46	233	Katie Grayston	F		16.18						
47	158	Luke Hodgson	M	L&M AC	16.23						
48	227	S Newton	M		16.24						
49	238	Adam Bennett	M	Ilkley Harriers	16.27						
50	276	Jamie Braithwaite	M	LRGS	16.27						
51	198	Leo Loughrey	MV45	Lancashire fire and rescue	16.31						
52	231	Matthew Bridgeman	M		16.35						
53	193	Alex Brown	M	Settle	16.42						
						54	171	David Wilkinson	MV45	L&M AC	16.43
						55	228	Jason Haddington	M	Dallam	16.54
						56	229	Colin Hewitt	MV45	L&M AC	16.54
						57	274	Paul Smith	M	L&M AC	16.56
						58	210	George Parrington	MV60	L&M AC	16.58
						59	240	Simon Grayston	M		17.03
						60	160	Mary Hodgson	F	L&M AC	17.16
						61	284	Laura Van Tatenhoue	FV35	L&M AC	17.26
						62	247	Christina McGuire	FV45	L&M AC	17.49
						63	252	Graham Mossop	MV40	Meadows De Harriers	18.04
						64	226	Conrad Jarman	M	L&M AC	18.06
						65	196	Heather Beattie	F	RAF	18.07
						66	264	Brett Fletcher	M		18.09
						67	215	Nigel Beeson	MV45	L&M AC	18.14
						68	272	David Wisom	M		18.14
						69	273	David Waddington		Meadows De Harriers	18.15
						70	221	Ben Higginson	MV50	Preston Harriers	18.21
						71	213	Alan Chesters	MV55		18.23
						72	199	David Preston	MV50		18.30
						73	202	Colin Gemson	MV60	L&M AC	18.40
						74	216	George Breakwell	M		19.07
						75	217	Andrew Stanyon	MV40		19.07
						76	170	Carole Wilkinson	FV45	L&M AC	19.08
						77	239	Tom Bennett	M	Ilkley Harriers	19.14
						78	232	Mary Ormond	F		19.18
						79	246	Dawn Dickson	FV35	L&M AC	19.29
						80	245	Olivia Dickson	FV35	L&M AC	19.29
						81	265	Alistair Menzies	MV50	L&M AC	19.29
						82	258	Louise Livsey	FV35		19.30
						83	254	Will Mossop	M	Meadows De Harriers	19.36
						84	176	Gail Hendra	FV40	Stanley Road Runners	19.46
						85	177	David Hendra	MV40	Stanley Road Runners	19.46
						86	283	Thomas Manklon	M		19.52
						87	156	Jennie Hodgson	FV45	L&M AC	20.00
						88	262	Simon Yellop	M		20.00
						89	161	Melissa Burton	F	U/A	20.15
						90	162	Micheal Burton	M	U/A	20.21
						91	181	Bernard Elkington	MV70	Red Rose R R C	20.30
						92	257	Sharon Curwen	FV35		20.34
						93	244	Linda Stapleton	FV60	L&M AC	20.39
						94	249	Jan Tynan	MV45		20.41
						95	250	Andy Tynan	M		20.41
						96	186	Benedict Rickards	M	L&M AC	20.44
						97	172	Sinclair Aranju	M	L&M AC	20.49
						98	243	Cath Mossop	FV40	L&M AC	20.57
						99	184	Justin Rickards	MV45	U/A	21.02
						100	253	Ted Mossop	M	Meadows De Harriers	21.18
						101	180	Evelyn Elkington	FV70	L&M AC	21.21
						102	236	Andrew Bennett	MV50	Ilkley Harriers	21.23
						103	189	Michael Dunn	M		21.34
						104	235	Katie Edge	FV45	L&M AC	21.44
						105	261	Jordanna Yellop	M		21.49
						106	223	Yvonne Spence	FV45		21.50
						107	151	Sue Fearon	FV40	Wesham	21.54
						108	179	Sean Langton	M	Stanley Road Runners	22.27
						109	270	Elenor Smith	M		22.31

110	271 Paul Smith	MV40		22.31
111	178 Gill Hendra	F	Stanley Road Runners	22.39
112	174 Naomi Jiagbogu	F	L&M AC	22.59
113	175 Danielle Jiagbogu	FV45	L&M AC	22.59
114	154 Sylvia Myall	FV60	U/A	23.03
115	165 Mrs J Colby	FV45	Blackpool Fylde & Wyre AC	23.23
116	183 Julie Rae	FV45	Blackpool Fylde & Wyre AC	23.23
117	203 Emma Shepherd	F		23.52
118	263 David Yellop	MV60		24.48
119	278 Jake English	M		24.48
120	279 Leslie English	FV35		24.48
121	163 Laura Fisher	F	U/A	24.56
122	164 Lee Fisher	M	U/A	24.56
123	150 Jean McElhone	FV40	U/A	25.22
124	277 Charlie English	M		26.27
125	280 Richard English	M		26.27
126	204 Heather Shepherd	F		27.31
127	205 Nigel Shepherd	MV45	Wesham	27.31
128	173 Miriam Jiagbogu	F	L&M AC	28.06
129	182 Judith Cook	FV40	Womens Running Network	28.51
130	190 Steve Ashcroft	M		35.54