LANCASTER RACES
- DREAM BELIEVE SUCCEED -

www.lancaster-race-series.co.uk

All races under UK Athletics rules.

Run Lancaster

Half Marathon & 10k

& 3k fun fun (11.10am start)

Sunday 9th April 2017

Races start at 11am

venue:
Countrystyle Kitchen,
Lancaster Leisure Park,
Wyresdale Road,
LA1 3LA

Generous donations to at least one of the following charities:

- Unique Kidz & co
- Lions Club
- Run For The World
- Lancaster & Morecambe AC
- Galloway's Society for the Blind

FREE CARVERY TO ALL ENTRANTS*

Medal to all finishers.Prizes: First 3 Men, First 3 women, First Vet in each category, First team, male & female.

10k:
£17 attached
£19 unattached

Half Marathon:
£23 attached
£25 unattached

Entries on the day £2 extra

SORRY NO REFUNDS see our website for 'Cancellation Policy'

* pick up meal voucher with race number on the day (only valid on race day)

3k Fun Run (11.10am start):
£5 (£7 on the day)

FREE COOKIE AND DRINK TO ALL ENTRANTS*

Entries: Online: www.lancaster-race-series.co.uk, www.ukroadraces.info & www.bookitzone.com
Postal: complete the form & send to: W. Gardner, 58 Sibsey Street, Lancaster LA1 5DF. Enclose an SAE (C5) and a cheque made payable to Lancaster Races Ltd.

HALF MARATHON	TICK HERE	OFFICE USE ONLY	10k	TICK HERE	OFFICE USE ONLY	FUN RUN	TICK HERE	OFFICE USE ONLY

Surname _____ First Name _____

Address _____

Age on Day _____ Date of Birth _____ Gender: M F Postcode _____

Email _____ Telephone _____

UKA Number _____ Affiliated Club _____

I declare that I am an amateur as defined by UK Athletics rules. I certify that I am fit to run and understand that the organisation will in no way be held responsible for any injury to myself or for the loss or damage to my property during the event.

Signed _____ Date _____